

# THISTLY MEADOW PRIMARY SCHOOL

## P.E. Curriculum Map



Yr Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS	<p><b>Real PE – Personal</b></p> <p>Real Dance – Personal</p>	<p><b>Real PE – Social</b></p> <p>Real PE Foundations – Choose your own theme</p>	<p><b>Real PE – Cognitive</b></p> <p>Real Gym – Cognitive</p>	<p><b>Real PE – Creative</b></p> <p>Real Dance – Creative</p>	<p><b>Real PE – Physical</b></p> <p>Real PE Foundations – Choose your own theme</p>	<p><b>Real PE – Fitness</b></p> <p>Real Gym – Fitness</p>
Y1	<p><b>Real PE – Personal</b></p> <p>Real Dance – Personal</p>	<p><b>Real PE – Social</b></p> <p>Real PE Foundations – Choose your own theme</p>	<p><b>Real PE – Cognitive</b></p> <p>Real Gym – Cognitive</p>	<p><b>Real PE – Creative</b></p> <p>Real Dance – Creative</p>	<p><b>Real PE – Physical</b></p> <p>Real PE Foundations – Choose your own theme</p>	<p><b>Real PE – Health &amp; Fitness</b></p> <p>Real Gym – Health &amp; Fitness</p>
Y2	<p><b>Real PE – Personal</b></p> <p>Real Dance – Personal</p>	<p><b>Real PE – Social</b></p> <p>Real PE Foundations – Choose your own theme</p>	<p><b>Real PE – Cognitive</b></p> <p>Real Gym – Cognitive</p>	<p><b>Real PE – Creative</b></p> <p>Real Dance – Creative</p>	<p><b>Real PE – Physical</b></p> <p>Real PE Foundations – Choose your own theme</p>	<p><b>Real PE – Health &amp; Fitness</b></p> <p>Real Gym – Health &amp; Fitness</p>
Y3	<p><b>Real PE – Personal</b></p> <p>Real Dance – Personal</p>	<p><b>Real PE – Social</b></p> <p>Real Gym - Social</p>	<p><b>Real PE – Cognitive</b></p> <p>Swimming</p>	<p><b>Real PE – Creative</b></p> <p>Swimming</p>	<p><b>Real PE – Physical</b></p> <p>Real Dance - Physical</p>	<p><b>Real PE – Health &amp; Fitness</b></p> <p>Real Gym – Health &amp; Fitness</p>

Y4	Real PE – Personal Swimming	Real PE – Social Swimming	Real PE – Cognitive Real Gym – Cognitive	Real PE – Creative Real Dance – Creative	Real PE – Physical Parkour – Gym equipment out experiment on different ways to travel.	Real PE – Health & Fitness Real Gym – Health & Fitness
* Y5	Real PE – Personal Real Dance – Personal	Real PE – Social Parkour – Gym equipment out experiment on different ways to travel.	Real PE – Cognitive Real Gym – Cognitive	Real PE – Creative Real Dance – Creative	Real PE – Physical Real Gym – Physical	Real PE – Health & Fitness Inclusive Games
* Y6	Real PE – Personal Real Dance – Personal	Real PE – Social Parkour – Gym equipment out experiment on different ways to travel.	Real PE – Cognitive Real Gym – Cognitive	Real PE – Creative Real Dance – Creative	Real PE – Physical Real Gym – Physical	Real PE – Health & Fitness Inclusive Games

\* Children in Y5 and Y6 continue to swim if they cannot swim 25m confidently with a good stroke.

Indoor PE

Outdoor PE