## THISTLY MEADOW PRIMARY SCHOOL



## P.E. Curriculum Map

Yr Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
FS	Real PE – Personal	Real PE – Social	Real PE – Cognitive	Real PE – Creative	Real PE – Physical	Real PE – Fitness
	Real Dance – Personal	<b>Real PE Foundations</b>		Real Dance –	Real PE	Real Gym – Fitness
		– Choose your own	Real Gym –	Creative	Foundations –	
		theme	Cognitive		Choose your own	
					theme	
Y1	Real PE – Personal	Real PE – Social	Real PE –	Real PE – Creative	Real PE – Physical	Real PE – Health & Fitness
			Cognitive		D   D.	
	Real Dance – Personal	Real PE Foundations	Deal Com	Real Dance –	Real PE Foundations –	Real Gym – Health &
		<ul> <li>Choose your own theme</li> </ul>	Real Gym – Cognitive	Creative		Fitness
		theme	cognitive		Choose your own theme	
Y2	Real PE – Personal	Real PE – Social	Real PE – Cognitive	Real PE – Creative	Real PE – Physical	Real PE – Health & Fitness
	Real Dance – Personal	<b>Real PE Foundations</b>		Real Dance –	Real PE	Real Gym – Health &
		– Choose your own	Real Gym –	Creative	Foundations –	Fitness
		theme	Cognitive		Choose your own	
		AY			theme	
Υ3	Real PE – Personal	Real PE – Social	Real PE – Cognitive	Real PE – Creative	Real PE – Physical	Real PE – Health & Fitness
	Real Dance – Personal	Real Gym - Social	-	Swimming	Real Dance -	Real Gym – Health &
			Swimming	_	Physical	Fitness

¥4	Real PE – Personal	Real PE – Social	Real PE – Cognitive	Real PE – Creative	Real PE – Physical	Real PE – Health & Fitness
	Swimming	Swimming		Real Dance –	Parkour – Gym	Real Gym – Health &
			Real Gym – Cognitive	Creative	equipment out experiment on different ways to	Fitness
					travel.	
* Y5	Real PE – Personal	Real PE – Social	Real PE – Cognitive	Real PE – Creative	Real PE – Physical	Real PE – Health & Fitness
	Real Dance – Personal	Parkour – Gym equipment out experiment on different ways to travel.	Real Gym – Cognitive	Real Dance – Creative	Real Gym – Physical	Inclusive Games
* Y6	Real PE – Personal	Real PE – Social	Real PE – Cognitive	Real PE – Creative	Real PE – Physical	Real PE – Health & Fitness
	Real Dance – Personal	Parkour – Gym equipment out experiment on different ways to	Real Gym – Cognitive	Real Dance – Creative	Real Gym – Physical	Inclusive Games
		travel.	<u>y</u>			

\* Children in Y5 and Y6 continue to swim if they cannot swim 25m confidently with a good stroke•

Indoor PE

Outdoor PE